The 3MT gives students valuable practice in explaining their research to a non-specialist audience. Competitors will be judged on comprehension, content, engagement, and communication.

Rules

- A single static PowerPoint slide is permitted (no slide transitions, animations or movement of any description; the slide is to be presented from the beginning of the oration).
- No additional electronic media (e.g. sound and video files) are permitted.
- No additional props (e.g. posters, costumes, musical instruments, laboratory equipment) are permitted.
- Presentations are limited to three minutes maximum; competitors exceeding three minutes are disqualified.
- Presentations are to be spoken word (e.g. no poems, raps, or songs).
- Presentations are to commence from the stage or front of the room.
- Presentations are considered to have commenced when a presenter starts their presentation through movement or speech.
- The decision of the adjudicating panel is final.